

# EDWARD T. DOUGHERTY, JR., DDS

There's a great reason Dr. Edward Dougherty's patients aren't afraid to receive dental care: most times, they don't even remember it.

Dr. Dougherty practices sedation dentistry, placing patients into a twilight sleep for their treatments via IV sedation. "It's a very safe form of anesthesia," he says, noting that he holds three separate licenses for IV sedation. "You're conscious but truly sedated. Most people sleep through their procedures, wake up, and are surprised they're finished."

The fifth-generation Washingtonian and former doctor on the house staff of Johns Hopkins Hospital received his D.D.S. degree from the University of Maryland Dental School before going on for advanced training in oral surgery, implants, cosmetics and IV sedation. He and his wife, Iona, run the Bethesda office with a team that's fully trained in cardiac life support and well-practiced in helping fearful patients overcome their anxieties to beautify their smiles.

For their part, his patients say Dr. Dougherty is non-judgmental, no matter how long they've stayed away from the dental chair or how bad their teeth appear to be at first. He offers general dental care, oral surgery, and a wide array of cosmetic procedures, including implants, whitening, and preventative care.

"We listen to our patients to hear what their needs are and what their fears might be," he says. "Then we design a unique program that addresses those fears and ensures their needs are met."

**Dr. Edward T. Dougherty, Jr.**  
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